

# Finding Purpose in the Midst of a Pandemic

## I. It's Time for Us to Dance

### Exodus 14: 5-10, 13, 14

When the king of Egypt was told that the people had fled, Pharaoh and his officials changed their minds about them and said, "What have we done? We have let the Israelites go and have lost their services!"<sup>6</sup> So he had his chariot made ready and took his army with him.<sup>7</sup> He took six hundred of the best chariots, along with all the other chariots of Egypt, with officers over all of them.<sup>8</sup> The LORD hardened the heart of Pharaoh king of Egypt, so that he pursued the Israelites, who were marching out boldly.<sup>9</sup> The Egyptians—all Pharaoh's horses and chariots, horsemen<sup>[a]</sup> and troops—pursued the Israelites and overtook them as they camped by the sea near Pi Hahiroth, opposite Baal Zephon.<sup>10</sup> As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the LORD.

<sup>13</sup> Moses answered the people, "Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The Egyptians you see today you will never see again. <sup>14</sup> The LORD will fight for you; you need only to be still."

### Exodus 15: 19-21

When Pharaoh's horses, chariots and horsemen<sup>[a]</sup> went into the sea, the LORD brought the waters of the sea back over them, but the Israelites walked through the sea on dry ground.<sup>20</sup> Then Miriam the prophet, Aaron's sister, took a timbrel in her hand, and all the women followed her, with timbrels and dancing.<sup>21</sup> Miriam sang to them: "Sing to the LORD, for he is highly exalted. Both horse and driver he has hurled into the sea."

- 1. The Enemy Only Seems Powerful.**
- 2. Be Still – Believe – Move.**
- 3. Be Careful What We Value.**
- 4. Expect to Celebrate.**
- 5. Dance!**
- 6. Don't Let Anyone Pull the Plug**

### II Samuel 6: 14-16

Wearing a linen ephod, David was dancing before the LORD with all his might,<sup>15</sup> while he and all Israel were bringing up the ark of the LORD with shouts and the sound of trumpets.<sup>16</sup> As the ark of the LORD was entering the City of David, Michal daughter of Saul watched from a window. And when she saw King David leaping and dancing before the LORD, she despised him in her heart.

### I Hope You Dance

I hope you never lose your sense of wonder  
You get your fill to eat but always keep that hunger  
May you never take one single breath for granted  
God forbid love ever leave you empty handed  
I hope you still feel small when you stand beside the ocean  
Whenever one door closes I hope one more opens  
Promise me that you'll give faith a fighting chance  
And when you get the choice to sit it out or dance

I hope you dance

I hope you dance

