

**It's All in Your Mind**  
**IV. Winning the Battle of Fear**  
May 26, 2018

**1. Fear enters when there is a lack of faith.**

II Timothy 1: 7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind

Luke 8: 24, 25

The disciples went and woke him, saying, "Master, Master, we're going to drown!" He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm.

<sup>25</sup> "Where is your faith?" he asked his disciples. In fear and amazement they asked one another, "Who is this? He commands even the winds and the water, and they obey him."

**2. Fear enters when we focus on the "What ifs."**

Exodus 4: 1

Moses answered, "What if they do not believe me or listen to me and say, 'The LORD did not appear to you?'"

**3. Fear reveals where you place your greatest values.**

Hebrew 11: 7

By faith Noah, when warned about things not yet seen, in holy fear built an ark to save his family.

**4. Fear negates good leadership.**

Psalms 56: 3, 4

When I am afraid, I put my trust in you. <sup>4</sup>In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?

Psalms 34: 4

I sought the LORD, and he answered me; he delivered me from all my fears.

**5. The only one we need to fear is God.**

I Peter 2: 17

Show proper respect to everyone, love the family of believers, fear God.

Proverbs 9: 10

The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding.