

**It's All in Your Mind**  
Learning to Move Beyond Labels  
June 2, 2019

1. The world labels us.  
**Genesis 29:17** - *Leah had weak eyes, but Rachel had a lovely figure and was beautiful.*
2. While others may label us, we know our true identity.  
**II Corinthians 6: 18 NLT** - *And I will be your Father, and you will be my sons and daughters, says the Lord Almighty.”*  
**Galatians 3: 28 NLT** - *There is no longer Jew or Gentile, slave or free, male and female. For you are all one in Christ Jesus.*
3. God sees through our labels to see our true potential.  
**John 4: 9** - *The Samaritan woman said to him, “You are a Jew and I am a Samaritan woman. How can you ask me for a drink?” (For Jews do not associate with Samaritans.*
4. While labels don't need to define us.  
**Judges 6: 15, 16** - *“Pardon me, my lord,” Gideon replied, “but how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family.”*
5. The labels of our past do not have to set the agenda for our future.  
**Genesis 32: 26-28** - *Then the man said, “Let me go, for it is daybreak.” But Jacob replied, “I will not let you go unless you bless me.”<sup>27</sup> The man asked him, “What is your name?” “Jacob,” he answered.<sup>28</sup> Then the man said, “Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.*

What Labels Are You Wearing?

What Labels Have You Unfairly  
Placed on Others?