

## Objection to Christianity

If Christianity is the Truth Why Do I Continue to Doubt (Doubting)?

March 3, 2019

### *Five Myths about Doubt*

1. Doubt is opposite of faith.  
Unbelief is the opposite of faith. Unbelief refers to a refusal to believe, doubt refers to an uncertainty.
2. Doubt is unforgivable.  
Doubt is not a sin. Job, David, Thomas and other great people of faith questioned God and were not condemned.
3. Doubt means I lack faith.  
Struggling with God is a sign we truly have faith.
4. Doubt leads me away from faith.  
Doubt is often the introduction to an even stronger faith. Doubt is a path to spiritual growth.
5. I should feel guilty about my doubt.  
Doubt is a normal process of becoming more committed to Christ.

*Deep doubt is often the prelude to an even deeper faith.*

**Matthew 11: 1-6, 11** - After Jesus had finished instructing his twelve disciples, he went on from there to teach and preach in the towns of Galilee. <sup>2</sup> When John, who was in prison, heard about the deeds of the Messiah, he sent his disciples <sup>3</sup> to ask him, “Are you the one who is to come, or should we expect someone else?” <sup>4</sup> Jesus replied, “Go back and report to John what you hear and see: <sup>5</sup> The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised, and the good news is proclaimed to the poor. <sup>6</sup> Blessed is anyone who does not stumble on account of me.”

<sup>11</sup> Truly I tell you, among those born of women there has not risen anyone greater than John the Baptist;

### *The cause of doubt:*

1. *Difficult situations*
2. *Unmet expectations*
3. *Hard questions*

### *Five ways to deal with doubt:*

1. *Admit my doubt.*
2. *Turn to God - Bible, Prayer and Worship.*
3. *Seek wise Christian counsel.*
4. *Hold on to my faith.*
5. *Grow through my doubt.*

**Romans 8: 38, 39** - For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup> neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

“Doubts are the ants in the pants of faith. They keep it awake and moving”

Frederick Buechner