

Summer Soul Searching

August 26, 2018

Temptation **That which promises
satisfaction at the cost of disobedience to God**

Facts about Temptation

1. It's not a **sin** to be tempted.

Hebrews 4: 15 - For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

2. You will **always** deal with temptation.

I Corinthians 10: 12 - So, if you think you are standing firm, be careful that you don't fall!

3. God **doesn't** tempt you.

James 1: 13-15 - When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; ¹⁴ but each person is tempted when they are dragged away by their own evil desire and enticed. ¹⁵ Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

4. There is **always** a way out.

I Corinthians 10: 15 - No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

Overcoming Temptation

1. **Pray** consistently.

Matthew 26: 41 - "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

2. **Study the Bible** intently.

Psalms 119: 9-11 - How can a young person stay on the path of purity? By living according to your word.

¹⁰ I seek you with all my heart; do not let me stray from your commands. ¹¹ I have hidden your word in my heart
that I might not sin against you.

3. Hang with the **right people**.

I Corinthians 15: 33 - Do not be misled: "Bad company corrupts good character."

4. Connect with the **Holy Spirit**

Romans 8: 12, 13NLT - Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. ¹³ For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.